

All ingredients and meatballs are fresh and made daily, therefore all varieties may not be available always. Your patience is greatly appreciated as some menu items require additional time to prepare.



We are located inside the historic  
Arcade Mall.  
Come and visit us!

**Catering Services Available  
Inquire Within**

**Follow us and like us on  
Facebook:**  
**[www.facebook.com/m3atballheaven](http://www.facebook.com/m3atballheaven)**

### **Meatball Heaven**

is part of the  
Work to Learn program sponsored  
by Boys & Girls Village.  
The program is structured to  
successfully prepare youth,  
ages 16-20 from the  
Bridgeport area,  
for the transition from  
adolescence into adulthood.  
They learn to develop important  
job/life skills and achieve  
educational and financial goals.  
Youth are offered  
pre-employment training, life  
skills, internships, volunteer and  
leadership opportunities.

**Our meatballs are homemade, and hand  
rolled by our program participants.**



**Meatballs, Salads, Pizza & Tacos**

**Arcade Mall  
1001 Main Street  
Bridgeport, CT**

**Open Tuesdays & Wednesdays  
Hours: 11:30 am – 4:30 pm  
Dine in and Take Out**

**Delivery [www.Grubhub.com](http://www.Grubhub.com)**

**BOYS & GIRLS VILLAGE, INC.  
528 Wheelers Farms Road  
Milford, CT 06461  
203 877 0300  
[www.bgvillage.org](http://www.bgvillage.org)**

**Phone 203 870 8871  
Fax 203 870 8872  
[www.meatballheaven.net](http://www.meatballheaven.net)**

**Revised 3/20/20**

# Fresh & Delicious Sandwiches, Tacos, Salads, and Pizza

## Beverages

Fountain Drinks S \$1.75 L \$2.50

Bottled Water \$2.00

## On the side

Chili S \$3 L \$5

Pasta w/Sauce \$4

Homemade Tortilla Chips and Salsa \$3

Fries \$2 with Chili & Cheese \$4

Mozzarella Sticks (order of 5) \$4

Rice Balls (order of 3) \$3

Fiesta Rice Cup \$3 Bowl \$5

Chicken Tenders (Order of 3) \$3.50  
Plain/Bufalo/BBQ

## Twin Tacos

add fiesta rice and a beverage for \$3

ground beef or chicken or spicy black bean \$4  
choice of tomato, lettuce, cheese & pico de gallo, served with sour cream and mild or hot sauce / add avocado \$1

## Specialty Sandwiches

combo includes tortilla chips or fries and beverage for \$3 more

**Chicken Cutlet 6" \$5 or 12" \$9**

fried or grilled chicken breast with your choice of lettuce, tomato, red onion, and mayo

**Chicken Parm 6" \$6 or 12" \$10**

fried of grilled chicken breast topped with parmesan cheese and our house marinara sauce

## Salads

**Garden Salad \$5**

classic meatballs, crispy lettuce, tomatoes, cucumber, shredded carrots and croutons

**Caesar Salad \$6.50**

chicken meatballs or grilled chicken, lettuce, croutons, shaved parmesan cheese, Caesar dressing

**Mexicana Salad \$8.00**

spicy black bean meatballs, lettuce, black olives, avocado, cheddar cheese, tortilla chips, sour cream, salsa, chipotle ranch dressing

**Oriental Salad \$6.50**

trio meatballs, lettuce, sliced almonds, mandarin oranges, crispy wonton strips, sesame ginger dressing

## 14" PIZZA

**Heavenly Cheese \$7**

marinara sauce and mozzarella with fresh basil, \$3 add bacon, grilled chicken

**Meatball Heaven \$10**

choose meatball, sauce, cheese

**Mexicano \$11**

beef or chicken taco meat or chili with lettuce, tomato and spicy chili sauce

**Buffalo Bleu Chicken \$12**

our own buffalo bleu sauce with crispy chicken and mozzarella topped with crisp greens

**Grandma's \$6**

marinara sauce and fresh basil with grated parmesan

**Sausage & Mushroom \$11**

crumbled Italian sausage, mushrooms and basil

DESSERT!

**S'mores \$3**

sweet cinnamon butter sauce, graham crackers, chocolate, toasted marshmallow and mozzarella

## Choose Your Meatball

**American Classic**

"Classic meatballs made with beef."

**Bacon Cheddar**

"It tastes like a burger, but in a ball."

**Chicken**

"Poultry deliciousness"

**Italian Trio**

"Your classic Italian favorite of beef, pork and veal."

**Spicy Black Bean**

"Great taste for our vegetarian friends."

## Sauce It Up

- Bleu cheese
- Buffalo sauce
- Marinara
- Mushroom Gravy
- Pesto

## Cheese, Cheese, Cheese

- American
- Cheddar
- Mozzarella
- Parmesan

## In A Grinder

combo includes tortilla chips or fries and beverage for \$3 more

6" \$4 12" \$7

choice of meatballs, sauce and cheese

## On The Grain

Rice \$5 Pasta \$5

choice of 5 meatballs, sauce and cheese

## Dinner Is In

Meatballs pint \$8 Quart \$16  
Sauce pint \$3.50 Quart \$6

## In A Cup

Any 5 meatballs with sauce for \$4